



The Phenomena of Pregnancy Out of Marriage Among Students and the Solution

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Abstract

The development of the current era of globalization has had various impacts on every level of society, especially among students, with the influx of foreign cultures causing students to follow this culture, one of which is having free sex which results in the phenomenon of getting pregnant before marriage. Pregnancy out of marriage that occurs among students today is due to a lack of attention or supervision from the family, and is caused by students' curiosity about sexual relations, the consequences of which can destroy their future and aspirations. This study aims to analyze how the phenomenon of pregnancy out of marriage among students. This research uses the method qualitative approach with phenomenology. Sources of data were taken from three informants through in-depth interviews who were selected using the technique of purposive sampling. The results of the analysis show three themes: i) The phenomenon of pregnancy out of marriage among students is caused by three factors, namely: a) behavioral factors: promiscuity b) family factors: lack of parental supervision c) environmental factors: low religious moral education ii) conditions student life after marriage: the economy is borne by the family, the family is not harmonious iii) The student's reasons for getting pregnant out of marriage, namely: curiosity about sexual relations, because of pressure from partners. The results of this study can be used as initial data for future researchers to examine this issue in different contexts and issues.

INTRODUCTION

The development of the times has brought major changes in human life, starting from profitable technology to plunging the younger generation into a hole of humiliation and regret. Pregnant out of marriage is a problem that is very common nowadays and requires the right solution, because this can cause anxiety in society, especially parents, teachers, religious leaders, and others. Meanwhile, if we look at it from the perspective of religious law, government law, and social norms, there are deviations, but why can pre-marital marriages be carried out (Budastra, 2020; Wahyuningsih et al., 2014).

The behavior of having sexual intercourse becomes one of the factors causing pregnancy out of marriage, in addition to having sexual intercourse out of marriage, failure

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of education in the family, such as parents who are busy working and lack of attention to the child then neglect their responsibilities to the child, causing cases of pregnancy outside marriages and cases of pregnancy out of marriage is also caused by a lack of religious education in the family (Hibata & Abas, 2021). Cases of pregnancy out of marriage among students will eventually have an impact on early marriages which require students to drop out of school because both of them are forced to marry to cover up the shame that is borne by the family.

Sexual deviance can occur in teenage couples if there are environmental factors that support it so it can be one of the causes of pregnancy out of marriage. Adolescents who commit deviations, mostly come from a family environment that does not get attention and affection from their parents, it could be both parents, it could be that both parents are busy working, the two parents often quarrel, separate beds, and divorce (divorce of parents) (Fadilah, 2021). Factors related to the age of marriage are knowledge, attitudes, culture, socio-economics, and relationships (Nurfadilah et al., 2021).

The factor of free association and also the lack of control from parents so that pregnancies outside of marriage are rife (Kohno et al., 2020; Petroni et al., 2017; Psaki, 2016; Syahri & Afifah, 2017). Apart from juvenile delinquency caused by failed education in families such as broken homes, divorce and lack of parental attention, premarital sex or extramarital sex (pre-marital sex) can also be caused by frequent viewing of pornographic videos. Pregnancy in adolescents occurs as a result of having sex before marriage with a girlfriend, because of a boyfriend's request and stimulation from watching pornography at home when it's quiet (Satryawan, 2021).

Technological developments that are increasingly sophisticated and developing, as well as the wider social influence due to rapid technological advances, have a lot to do with the younger generation, especially the effect that computers and the internet can be easily accessed anywhere by teenagers and children (Irmania, 2021). Pornography regulations in Indonesia are not too strong and strict, causing teenagers and children to open pornographic sites easily. From pornographic pictures and videos, children from the elementary school level, junior high school, let alone high school and university students quickly become mature, most students are quite young, 16-18 years old at the time of their first premarital sexual exposure.

METHODS

This study uses a qualitative method with a phenomenological approach (Novebri & Dewi, 2020; Peviyatmi et al., 2017; Syafril et al., 2021; Yuslia et al., 2021). Data sources were taken from three informants through in-depth interviews who were selected using a technique of purposive sampling, while the selected informants met four criteria, namely understanding well the problems being studied, still active in the field being studied, having time to provide information to researchers, and providing information in accordance with the facts that occur in the field. To meet the criteria as an informant, all informants are victims who are directly involved in the problem under study and the informant is a student who is still active in his education, in 2018, 2019, and 2020. Then the writer takes the themes according to the research needs. Analysis with analysis interactive model Milles & Hubberman is an effective way for a researcher to analyze the results of interviews so that they can be seen in detail and depth.

RESULT AND DISCUSSION

Based on the results of interviews conducted with three informants, the results of the analysis actually found three themes related to the phenomenon of pregnancy out of marriage among students and their solutions, these three themes can be seen in figure 1. below.

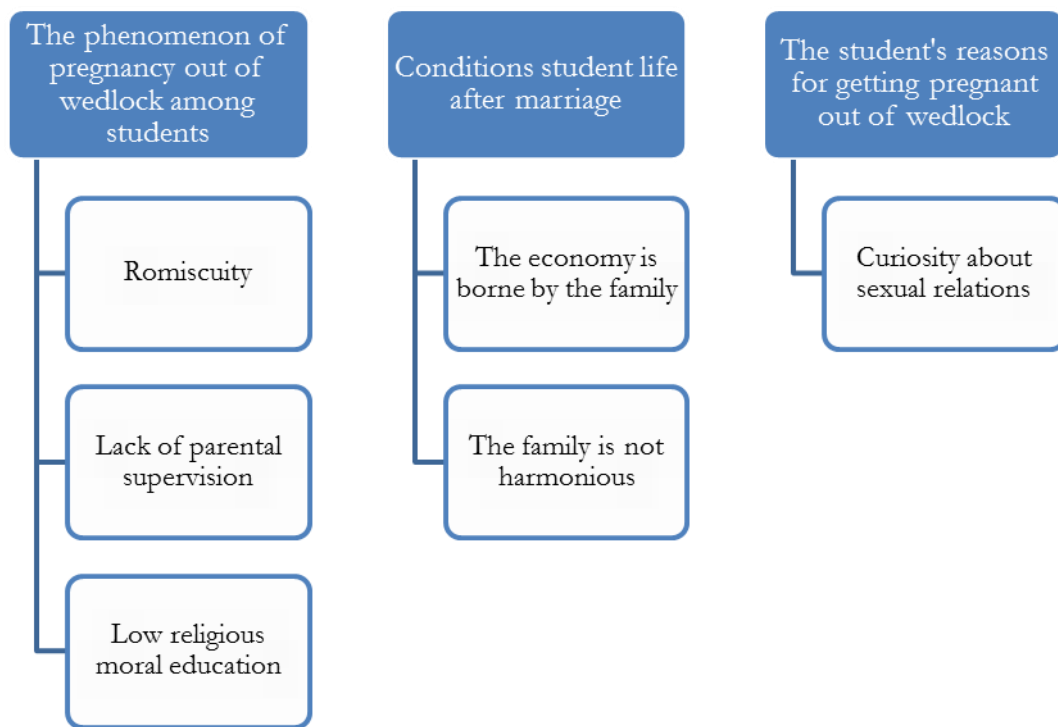


Fig 1. Factors in the phenomenon of getting pregnant out of marriage among students

Based on figure 1, the author can explain that after conducting in-depth interviews with informants, there are three themes of the phenomenon of pregnancy out of marriage among students. Three factors of the phenomenon of pregnancy out of marriage among students are: i) behavioral factors, ii) family factors iii) environmental factors. To make it more interesting, in the following, the author will describe excerpts from interviews with informants based on the three themes described above, while the interview descriptions that the author will present are excerpts from brief statements from informants when the interviews were conducted. Although the interview excerpts were conveyed by informants in different languages, they actually have the same purpose and intent.

First theme, namely behavioral factors, according to informants behavioral factors are a person's behavior for what he does without thinking about the consequences. Related to the first theme, the findings of this study clearly three informants stated to the author:

.... one of the behavioral factors that cause pregnancy out of marriage is promiscuity and curiosity about sex (I 1-3).

Second theme, namely the family factor, according to the informant the family factor is the way parents educate their children has a big influence on children so that it can include the child's behavior in the future. Related to the second theme of this study, two informants clearly stated to the author:

.... family factors that cause pregnancy out of marriage are lack of parental supervision, broken home family, and parental divorce (I 1-2).

Third theme, namely environmental factors, according to informants' environmental factors are not involved in productive activities in society and low education about religion. Related to the third theme of this study, two informants clearly stated to the author:

.... Environmental factors that cause pregnancy out of marriage for students are low religious moral education, do not know about sexual and reproductive health (I 2-3).

Sexual deviation can occur in teenage couples if there are environmental factors that support it so it can be one of the causes of pregnancy out of marriage. Adolescents who commit deviations, mostly come from a family environment that does not receive affection from their parents, it could be that both parents are busy working, and the two parents often quarrel, resulting in a divorce (Latifah, 2021).

There are three factors that cause pregnancy out of marriage among students,

namely behavioral factors, family factors, and environmental factors. As for the dating behavior factor which is too free, curiosity about sexuality supports the occurrence of pregnancy out of marriage in students, while in the family factor, namely the lack of parental supervision, parents who are too restraining children, parental divorce, broken home family, far from Islamic education is a family factor that supports the occurrence of pregnancy out of marriage in students and environmental factors such as promiscuity, opportunities that support having sexual intercourse support the occurrence of pregnancy out of marriage in students. The living conditions of students after marriage, namely having children, some husbands do not work and do not provide a living because many of them apply for dispensation from marriage to the court, because the prospective bride and groom do not meet the requirements for marriage, and are not old enough (Febriyanti & Aulawi, 2021). Students who are pregnant out of marriage, on average live with their parents, and some of their economic needs are met by their parents, and because they do not understand the values of Islamic education, the relationship is not harmonious until they divorce. Early marriage based on love without mental and material readiness will have a negative impact on the household.

The student's reasons for getting pregnant out of marriage were parents who were too restraining, excessive love for their partner, coercion from their partner, consensual and intending to have sexual intercourse, and lastly, because there was an opportunity to support sexual intercourse, that reason (Kругu et al., 2017; Ochako et al., 2015). Pregnant out of marriage is often caused by family problems, sexual relations with peers and girlfriends (Jamaluddin et al., 2018; Svanemyr, 2020). The solution to the case of getting pregnant out of marriage among students is based on the results of interviews with several informants. The solution to dealing with getting pregnant out of marriage among students can be done through family, school, and religious education.

First, the family is the first place for socialization for children and the first place for education for children, the attention and supervision of parents towards children can reduce the occurrence of pregnancy out of marriage. Good communication between parents and children can make children more open to parents. Building good communication with children is a way that parents should use to find out about the lives of their children out there so they can avoid free sex which can lead to pregnancy out of marriage (Handayani, 2017; Hasiana, 2020; Septiani, 2021).

Second, schools are formal educational institutions that systematically carry out guidance and training programs in order to help students develop their potential in terms of moral, spiritual, intellectual, emotional, and social aspects. Sex education material provided by the teacher will at least change the mindset of students in viewing sex, students will be careful about having free sex after getting a detailed explanation of the dangers and impacts arising from free sex outside of marriage. Student self-awareness is the most important way to prevent pregnancy out of marriage.

Third, religion. In this modern era, religious values have clearly been eroded. Religious interests are under worldly interests. The deviations committed by students so that they become pregnant out of marriage are a real form of how what is taught by religion is no longer applied in life. Instilling religious values is very important to be applied to strengthen students' faith in behavior. Religious education is given from an early age by parents, parents must teach children about habits that are based on religious values (Saputra, 2021).

CONCLUSION

The phenomenon of getting pregnant out of marriage that occurs among students is caused by three factors, namely: behavioral factors, family factors, and environmental factors. Apart from these three factors, the living conditions of students who become pregnant out of marriage are different, some are harmonious and some are not harmonious, this is due to the lack of readiness of students to face early marriage. Students

who marry early as a result of being pregnant out of marriage, on average, have reasons for lack of attention from parents, parents who are too restraining, love, and consensual, and intend to have sexual intercourse. The solution to this case is that family members and parents must pay more attention to children, and maintain communication as best as possible so they can monitor children, then at school, teachers should provide material about free sex so that children can think about the effects that occur after having free sex, and Finally, religion provides a solution so that parents instill religious values from an early age. Parents must teach their children habits that are based on religion.

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